

Paonia Jam 2019 Schedule

Thursday August 15th

- 5pm - 6:30: Contact Fundamentals with Annie Brook - \$15 drop-in
- 6:30 - 7:30: Dinner break
- 7:30: Opening Circle
- 8: Warmup into jam - \$5 drop-in

Friday

- 10 - 12:30: Morning Somatics with Annie Brook - \$25 drop-in
- 12:30 - 2: Lunch
- 2 - 6: Balance and Gounding workshop with Mike Detweiler - \$25 drop-in
- 6 - 7:30: Dinner break
- 7:30: warmup into jam - \$5 drop-in

Saturday

- 8 - 9:30: Breakfast
- 10 - 12:30: Morning Somatics with Annie Brook - \$25 drop-in
- 12:30 - 2: Lunch
- 2 - 6: Deepening into Improv with Mike Detweiler
- 6 - 7:30: Dinner break
- 7:30: warmup into jam - \$5 drop-in

Sunday 18th

- 8 - 9:30: Breakfast
- 10 - 11:30: Morning Somatics with Annie Brook
- 11:30 - 1: Closing jam
- 1 - 1:30: Closing Circle
- 1:30: Lunch, Pack, and Clean up

Key



Workshop available for drop-in

Jam (open dancing) available for drop-in